

# THE PANTHER PRESS

A weekly publication of the Georgia Academy for the Blind

September 17, 2010

The Georgia Academy for the Blind will provide quality education services to Georgia's students who have visual impairments or multiple disabilities to prepare them to achieve their highest level of independence.

***Preparation, Responsibility, Independence***

The Georgia Academy for the Blind School Council has a new member. Renita Ashley has a third grade son, Brian, in Ms. Creech's class. She was elected at the last meeting of the Council. Her election completed the membership drive until some one else moves away or has completed their term.

A list of Council Members is below. They represent parents, alumni, students, and school. They always welcome your input. The majority of members are parents. Ms. Dana Adams is the chairperson this year. Ms. Alice Ridgeway serves as secretary and Ms. Leigh Phillips is the vice chairperson.

Ms. Renita Ashley, Parent  
Ms. Randy Thomas, Parent

Mr. Tommy Towery, Parent  
Ms Danette Rogers, Parent  
Ms. Dana Adams, Parent  
Ms. Leigh Phillips, Parent  
Ms. Alicia Jackson, Teacher  
Ms. Alice Ridgeway, Teacher  
Mr. Tom Ridgeway, Alumni  
Mr. Frank Reynolds, Assistant Director for Residential  
Dr. Dorothy Arensman, School Director

Employees from Kohl's Distribution Center are participating in community service and have chosen GAB as their project. Employees will be painting our gazebos on Saturday, September 25th, from 10:00—1:00 p.m. Any parent who would like to pitch in and help is welcome to show up on that day and join us!

## Calendar of Events



September 17-19	Goalball Tournament—Alabama School
September 20-24	GA High School Graduation Test
September 21	Cross Country, Westside, 4:00 pm
September 29	GA High School Writing Test
September 30	Cross Country, Northeast, 4:00 pm
October 4-8	Fall Break Holidays
October 21	Cross Country, Westside, 4:00 pm

### Georgia Academy for the Blind

Dr. Dorothy Arensman, Director  
Dr. Gayla Jackson, Principal  
2895 Vineville Avenue  
Macon, GA 31204  
(478) 751-6085

### Character Education

#### Words of the Week

In September we are focusing on Responsibility

#### Sep 6—Civility

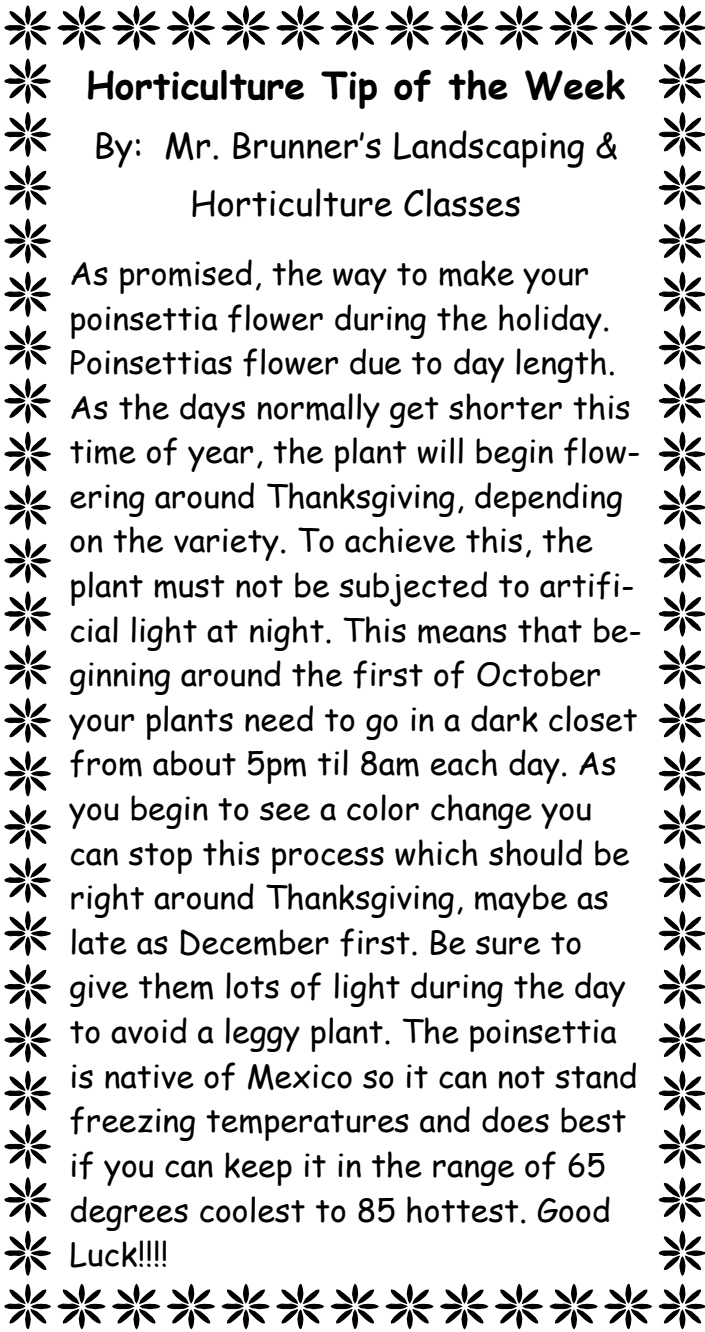
“There can be no high civility without a deep morality.”

~Ralph Waldo Emerson

Any student needing or wanting to take the SAT or the ACT should contact Dr. Margaret Jackson or Ms. Stephanie Knight as soon as possible.

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### Horticulture Tip of the Week

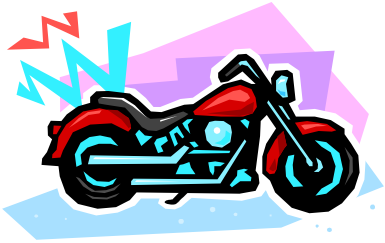
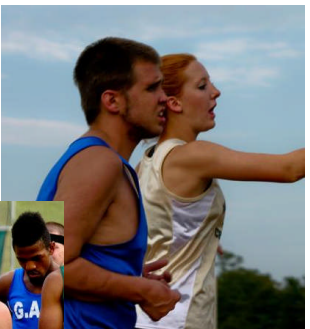
By: Mr. Brunner's Landscaping & Horticulture Classes

As promised, the way to make your poinsettia flower during the holiday. Poinsettias flower due to day length. As the days normally get shorter this time of year, the plant will begin flowering around Thanksgiving, depending on the variety. To achieve this, the plant must not be subjected to artificial light at night. This means that beginning around the first of October your plants need to go in a dark closet from about 5pm til 8am each day. As you begin to see a color change you can stop this process which should be right around Thanksgiving, maybe as late as December first. Be sure to give them lots of light during the day to avoid a leggy plant. The poinsettia is native of Mexico so it can not stand freezing temperatures and does best if you can keep it in the range of 65 degrees coolest to 85 hottest. Good Luck!!!!

Last week a Cross country meet was held at Rutland High School, on a brand new course, which was a challenge to all participants. The sighted students, as well as our students, got lost several time. But, they eventually figured it out and had a good meet. Coach Watkins reported the following places for GAB students, but was unable to record their times. The daughters of Coach Watkins and Ms. Chris Davis both ran sighted guide for two of our students.

### Congratulations to the Cross Country Team.

- Anthony W. 12th place
- Scott C. 47th place finish
- Daniel C. 56th place finish
- Late L. 62nd place finish
- David H. 63rd place finish



The Future Business Leaders of America (FBLA) membership drive is on. FBLA activities teach leadership and teamwork skills in preparation for high school graduation, college, and the work world. Any high school student is eligible to join by paying \$10.00 membership dues to Dr. Gibson by September 20. Checks should be made out to the Georgia Academy for the Blind. FBLA Meeting times and dates will be announced later. The fall motivational rally was really super last year. So, if your goals include **Preparation, Responsibility, and Independence**, this is the organization for you!

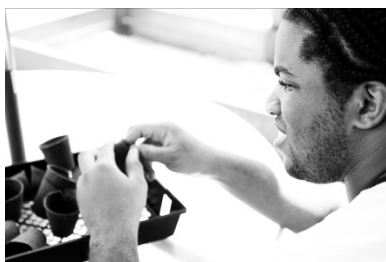
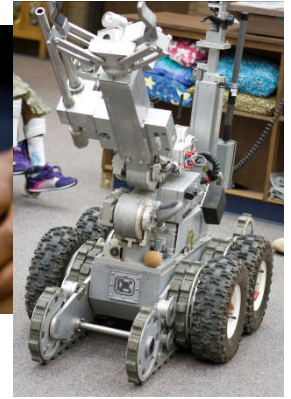
McAlister's Deli's 2<sup>nd</sup> Benefit Ride  
For GAB  
October 9th  
Kick Stands up 10AM  
\$25 Rider & \$5 Passenger includes:  
Lunch & T-Shirts from McAlister's and  
Great Door Prizes  
Call Kristen to Pre-Register

478-719-4987

# Class Notes

Agent Bill Bodney from the Georgia Bureau of Investigation (GBI) visited GAB on Friday, September 10th. He brought with him his robot. The GBI uses this robot to disarm bombs and keep people in Georgia safe. The robot used his "claw" to jokingly take Malik's bookbag, but being an honest robot, he returned it later. Students were able to tactually explore the robot, and this activity provided a reference to help them during a study of robots and mechanical movement in Math classes.

The GBI has asked GAB students to give the robot a name, so suggestions are being collected by Ms. Baggs. If you have a good one, turn it in to Ms. Baggs as soon as possible.



This year Ms. Hiley's biology and environmental science classes have been building a garden full of culinary delights.

Mr. Brunner provided the students with their first supply of seeds which have turned into beautiful radish, tomato, basil, and cucumber plants.

We ate our first radish yesterday!

The students are using the plants to learn about genetics, organization, classification, plant processes and adaptations.

Our new seeds will be in next week, and we will be starting turnips, lettuce, swiss chard, broccoli, carrots, and beans.

20-Sep	21-Sep	22-Sep	23-Sep	24-Sep
Monday	Tuesday	Wednesday	Thursday	Friday
		EGGS	GRITS	
CEREAL	OATMEAL	SAUSAGE	CHICKEN PATTY	
CHEESE TOAST	MUFFINS	TOAST	BISCUITS	BREAKFAST PIZZA
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
	HAMBURGERS			
CHICKEN AND RICE	SWEET POTATO FRENCH FRIES	PORK ROAST	SPAGHETTI	FISH STICKS
GREEN BEANS	MIXED VEG	NEW POTATOES	BROCC NORMANDY	TATOR TOTS
STEAMED SQUASH	PORK AND BEANS	COLLARDS	BREAD STICKS	CORN
ROLLS	JELLO WITH FRUIT	CORNBREAD	APPLE CRISP	ROLL
PLUMS	BLACKBERRIES	KIWI	PINEAPPLE	Frz Strawberries
APPLES	HONEYDUE	STRAWBERRIES	ORANGES	Frz Peaches
Tropical Fruit	Peaches	Apricots	Pears	Frz Apricots
PB&J and Crackers	PB&J and Crackers	PB&J and Crackers	PB&J and Crackers	PB&J and Crackers
Cottage Cheese	Cottage Cheese	Cottage Cheese	Cottage Cheese	Cottage Cheese
Tuna Salad	Tuna Salad	Strawberry Salad	Strawberry Salad	Strawberry Salad
Salad Mix W/ Dressing	Salad Mix W/ Dressing	Salad Mix W/ Dressing	Salad Mix W/ Dressing	Salad Mix W/ Dressing
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Monday	Tuesday	Wednesday	Thursday	"Menu Subject to Change" "This institution is an equal opportunity employer"
	SALISBURY STEAK			
Lil' BITES	MASHED POTATOES	STEAK ROLLS	BURRITO	
MIXED SALAD	BLACKEYE PEAS	TATOR TOTS	CORN	
FRUIT	CORNBREAD	FRUIT	Salad Mix W/ Dressing	
Milk or Drink Mix	Milk or Drink Mix	Milk or Drink Mix	Milk or Drink Mix	

