#### "Building Blocks to Success"



Georgia Department of Education Autism Academy 2010

## **Presentation Overview**

- Identifying the etiology of behaviors in students with autism
- Discover strategies to increase student success
- Topics of discussion:
  - Identify sensory needs
  - Reshape problem behaviors
  - Identify student motivators
  - Increase expressive language



• Translate interest into learning experiences

#### "If I can't picture it, I can't understand it"



## **Behavior**

- Proactive measures must be taken in order to address behavioral concerns and set the child up for success
  - Establish motivators (edible, auditory, breaks, )
  - Determine the cause of problematic behaviors
  - Behavioral shaping
  - First/Then
  - Frequent breaks
  - Role play



# **Effective Teaching**

 Increasing expressive language and decreasing student frustration



- **NET** (Natural Environment Training)
  - Teach through "play"
  - Utilize reinforcers to increase appropriate response
  - Teaching verbalization of wants and needs (i.e. personal information)

## Break-Out Session NET

• Requesting a Ball

# **Errorless Learning**

- A set of teaching techniques designed to increase acquisition of desired behavior
  - Steps of implementing Errorless Learning
    - Identify and teach the child the desired behavior
    - Identify prompts that will ensure success
    - Have the child begin to perform the desired behavior with the appropriate prompt level
    - Increase the prompt level as needed to ensure success
    - Fade/decrease prompt level as indicated by data collection
    - Repeat the trial several times until the child demonstrates the desired behavior INDEPENDENTLY
    - Conduct non-prompted trials to demonstrate the child's acquisition of desired behavior

## Incidental Teaching "On the Go" Teaching Procedure

- The child is provided with a desired item after appropriate requests (i.e. visual or verbal)
- "Wait-Ask-Say-Show-Do"
  - Wait for child to self-initiate
  - Ask the generic question, "What do you need to do?" ("Use your words, or Show Me")
  - Say what is expected ("Use your words, or Show Me")
  - Show (gesture) to indicate expectation
  - Prompt to complete interaction

McGee, Daly, & Jacobs, 1994



- Social Stories: Quiet Mouth
- Video Modeling
- Role Play
- Good Choices/Bad Choices : Language:"
- STOP and THINK
  - Am I making a GOOD CHOICE
  - Am I making a BAD CHOICE
  - If I'm making a 👸 choice...
  - JUST DO IT

## Instruction Based on Student Interest

- Compulsive adherence to routine
  - Learns/retains positive routines
- Difficulty shifting attention
  - Able to focus on detail/long attention span
- Upset by changes in environment
  - Aptitude for repetitive tasks, attention to time limits.
- Obsessive preoccupations
  - Aptitude for working with numbers/letters
- Difficulty understanding speech
  Ability to process visual information
  - Ability to process visual information
- Prefers to do things alone
  - Independence, focus on task at hand
- Excessive body movement
  - Ability to do tasks involving physical exertion

# Reinforcer Inventory

- Completed by guardian and staff
- Example items
  - Preferred activities
  - Preferred edibles
  - Non-preferred items/activities

# Sensory Needs

- Implement sensory input
  - Beginning, middle, and end of task
- Tricks for fidgety hands and bodies
  - Replace inappropriate self- stimulatory needs with socially appropriate input!
- Adjusted lighting
- Designated sensory area
- Pay attention to signals the child may be sending
- Relaxing rhythms or music
- www.sensorytools.net

## Visual Structure

- Picture schedule or written schedule
- Pictures of steps to complete task with motivator at end
- Place work or activity in clearly defined spaces or boxes
- Clear beginning and end of work time
- Picture of child demonstrating appropriate behavior(i.e. good hands, quiet mouth)



Consistency is KEY!

- Amongst all staff
- Work through behaviors until point of extinction
- Consistency in child's daily schedule and routine

#### Resources

- <u>www.cindysautisticsupport.com</u>
- <u>www.childrenwithspecialneeds.com</u>
- <u>www.suite101.com</u>
- <u>www.widgit.com</u>
- <u>www.googleimages.com</u>
- <u>www.sensorytools.net</u>
- Texas Autism Resource Guide for Effective Teaching

#### **Question and Answer**

